

### UNIVERSITY OF SANTO TOMAS OFFICE OF THE SECRETARY-GENERAL

UST:SO06-00-CI59			
A.Y. 2024-2025			

ТО	:	THE THOMASIAN COMMUNITY
FROM	:	OFFICE OF THE SECRETARY-GENERAL
RE	:	UST WORLD HEARING DAY 2025
DATE	:	2 March 2025

The University, through the UST Hospital, UST Faculty of Medicine and Surgery, and UST College of Rehabilitation Sciences, observes <u>World Hearing Day</u> on 3 March 2025 (Monday).<sup>1</sup> With the theme "*Changing Mindsets: Empower Yourself*," the celebration promotes proactive steps for lifelong hearing health through the following activities (See also *Annex 1* and *Annex 2*):

- 1. Free Ear Check and Hearing Screening | 3-5 March 2025
  - Concerned individuals may approach the *Information Kiosk* inside the Roque Ruaño Building (March 3) and St. Raymund Peñafort Building (March 4) or may visit the *Hearing Sciences Laboratory*, Benavides Building, from 1:00 pm to 4:00 pm.
- 2. Symposium on Ear and Hearing Health and Public Health Care System | 7 March 2025
  Co-organized with the Hard of Hearing Group Philippines, the symposium will be held at the Conference Hall of the *Miguel de Benavides Library*, from 1:00 to 5:00 pm.
- 3. Seminar-Workshop for Parents of Children with Hearing Loss | 8 March 2025
  - Titled *"Hearing Hope: Empowering Parents and Children for a Sound Future"*, this event is organized by the UST College of Rehabilitation Sciences, in collaboration with the UST Faculty of Medicine and Surgery Center for Audiological Services.
  - It will be held at Room 414, *St. Martin de Porres Building*, from 8:00 am to 12:00 nn, and at the SLP Laboratory, *UST Central Laboratory*, from 1:00 pm to 4:00 pm (See *Annex 3*).

#### 4. Public Awareness Campaign

- Interviews on ear and hearing care via the <u>UST Tiger TV</u>.
- The UST Communications Bureau will share educational materials on social media via <u>UST FB Page</u>, while the UST Health Service will post <u>video-infographics</u> via ThOMedSS.

"If today you <u>hear</u> God's voice, harden not your <u>hear</u>t" (Ps 58:8).



<sup>1</sup> Organized by the World Health Organization (WHO), the <u>World Hearing Day</u> is observed annually on March 3 to raise awareness on preventing deafness and hearing loss and promote ear and hearing care.





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# ANNEX 1 World Hearing Day



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# ANNEX 2 Changing Mindsets about Hear Loss

Changing mindsets about HEARING LOSS				
Hearing loss	MYTH: Old age	REALITY: Can happen at any age		
Hearing loss	мүтн: Inevitable	REALITY: Preventable		
Hearing aids	MYTH: Don't work well	REALITY: Better hearing, better life		
Hearing aids	мүтн: <b>Too expensive</b>	REALITY: Investment in quality of life		
Tinnitus	мүтн: An annoyance	REALITY: Warning sign of hearing loss		
World Health Organization				

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STARS

RATING SYSTEM

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## ANNEX 3 Seminar-Workshop for Parents of Children with Hearing Loss



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