

UNIVERSITY OF SANTO TOMAS OFFICE OF THE SECRETARY-GENERAL

**UST:SO06-00-CI56** *A.Y.* 2024-2025

ТО	:	THE THOMASIAN COMMUNITY
FROM	:	OFFICE OF THE SECRETARY-GENERAL
RE	:	HEALTH ADVISORY ON DENGUE
DATE	:	19 February 2025

The University, through the UST Health Service, issues the following health advisory about the risks of Dengue Fever, its symptoms, and preventive measures:

## What is Dengue Fever?

Dengue Fever is a mosquito-borne viral infection caused by any of the four (4) serotypes of the dengue virus. Infection can range from mild to severe that may lead to serious complications. For more information, please click <u>link</u> or scan the QR code.



## Common Symptoms

Symptoms include fever, headache, pain behind the eyes, muscle and joint pain, rash, nausea, and vomiting. Severe cases can lead to bleeding, circulatory collapse, and multiple organ damage which can be life-threatening.

## **Preventive Measures**

- Eliminate mosquito breeding sites. Regularly empty and clean water containers, ensure proper drainage to prevent stagnant water, and keep water storage tightly covered.
- **Protect yourself from mosquito bites**. Use mosquito repellents, wear protective clothing, and avoid dark, shady mosquito-prone areas.
- Seek immediate medical attention. Consult a health care provider if you develop symptoms of dengue fever. Early recognition and treatment are crucial to prevent complications and/or fatalities. For health concerns, please log on to the <u>ThOMedSS</u> website. Healthcare professionals are available for online consultation from 8:00 am to 5:00 pm (Mon– Sat).

As part of its commitment to ensuring the health and well-being of the Thomasian Community, the University has coordinated with the Facilities Management Office to implement the following measures:

- **Regular cleaning and maintenance** of campus grounds to eliminate potential mosquito breeding sites; and
- Routine dengue vector surveillance and control to limit possible disease transmission.

Let us work together to prevent dengue and keep our community healthy and safe. Thank you.

FR. LØUIE R. COR Secretary-Genera

