



UNIVERSITY OF SANTO TOMAS
OFFICE OF THE SECRETARY-GENERAL

UST:SO06-00-ME06
A.Y. 2024-2025

TO : ADMINISTRATIVE AND ACADEMIC OFFICIALS,
ACADEMIC STAFF, AND SUPPORT STAFF

FROM : OFFICE OF THE SECRETARY-GENERAL

RE : ANNUAL OUT-PATIENT WELLNESS PROGRAM
AND SECURING OF HEALTH CERTIFICATE

DATE : 16 December 2024

The University, through the UST Health Service and the UST Hospital, is pleased to announce the launch of the **Annual Out-Patient Wellness Program** for University staff.

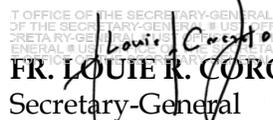
This program, designed to encourage proactive health management, and early detection of potential health issues, includes a comprehensive set of health screening and assessment procedures, ensuring that all members of the community are informed about their individual health status. Further, the results are necessary for the acquisition of health certificates as mandated by the Manila Health Department.

Please see the attached file containing the following:

- a) Guidelines for Availing the Annual Out-Patient Wellness Program and Securing of Health Certificate;
- b) Guidelines for Non-Tenured Academic Staff, Direct-Hired Support Staff, and Sub-Contracted Employees; and
- c) Procedures for Applying Health Certificate and Occupational Permit for Employees of Educational Institutions through the *Gomanila Application*.

We enjoin all members of the Thomasian community to take part in this wellness initiative, as it offers an opportunity to monitor and improve overall health while adhering to health regulations.

Let us work together in promoting a culture of health, wellness, and prevention within our community. *"Beloved, I pray that you may prosper in all things and be in good health, just as your soul prospers"* (3 Jn 1:2). Thank you.


FR. LOUIE R. CORONEL, OP
Secretary-General

