



UNIVERSITY OF SANTO TOMAS  
OFFICE OF THE SECRETARY-GENERAL

UST:SO06-00-CI58  
A.Y. 2023-2024

**TO :** THE THOMASIAN COMMUNITY

**FROM :** OFFICE OF THE SECRETARY-GENERAL

**RE :** LENTEN OBSERVANCES AND ACTIVITIES 2024

**DATE :** 12 February 2024

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**Lent** is a forty-day penitential season, beginning on *Ash Wednesday*, which serves as a preparation for the great celebration of the **Passion, Death and Resurrection of Our Lord Jesus Christ**. In observance of the Lenten Season, the University, through the Office of the Vice Rector for Religious Affairs, the Center for Campus Ministry, and the Santísimo Rosario Parish-UST (SRP), prepared and organized the following:

**1. ASH WEDNESDAY** (14 February 2024)

- Masses with Imposition of Ashes | UST Chapel  
*Morning:* 6:15 am; 7:30 am; 9:00 am; 10:30 am  
*Afternoon:* 12:00 nn; 1:30 pm; 3:00 pm; 5:15 pm
- *Kumpisalang Bayan:* 3:30 pm | Benavides Park
- University Mass: 5:00 pm | UST Plaza Mayor (in front of the UST Main Building)

**2. CONFESSION at the UST CHAPEL** (February 16 & 23, March 1, 2024, Fridays of Lent)

- **Regular Confession Schedule:** 6:00 am and 5:30 pm | Weekdays | UST Chapel
- **Special Confession Schedule:** Diocesan Priests will be available for Confession at the UST Chapel on February 16 & 23, March 1, Fridays of Lent, 5:30 pm, before the St. Thomas Aquinas Double Jubilee Retreat.

**3. WAY OF THE CROSS** (*Via Crucis*) (Every Friday of Lent)

- 4:30 pm | Benavides Park (February 16 & 23, March 1, 8, & 15, 2024) c/o SRP
- 4:00 pm | Benavides Park (March 22) c/o the University

**4. ST. THOMAS AQUINAS DOUBLE JUBILEE RETREAT** (March 5-7, 2024, Tue-Thu)

- 8:00 am – 5:00 pm | Quadricentennial Pavilion (*Note:* Details will follow).

**5. FASTING, ABSTINENCE AND ACTS OF CHARITY**

- On all Fridays of Lent, the faithful are to abstain from meat and/or do some exercise of piety or act of charity.<sup>1</sup>

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<sup>1</sup> cf. González, Javier OP, “CBCP Norms and Authentic Interpretations” in *Boletín Eclesiástico de Filipinas*, Vol. LXXIII,



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**6. PRAYER AND SILENCE**

- The Thomasian community is encouraged to observe moments of intense prayer and silence on Ash Wednesday and throughout the season of Lent.

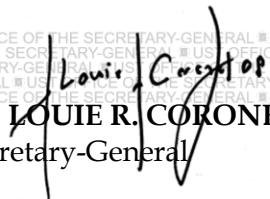
**7. LIGHTING OF THE CAMPUS**

- UST landmarks shall be lighted in violet, symbolizing penance, repentance and reconciliation on the following dates from 6:00 PM to 9:00 PM.

May we trustingly prepare ourselves with confidence to follow the Lenten journey, that begins on Ash Wednesday, as an opportunity for conversion and interior renewal in listening to the Word of God, in prayer, and in the daily exercise of charity towards one's neighbor.

"If today you hear His voice, harden not your hearts" (cf. *Ps* 95:8).

Thank you.

  
**FR. LOUIE R. CORONEL, OP**  
Secretary-General

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no. 802, September-October 1997, pp. 543-584; Code of Canon Law (CIC), canon 1253.





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UNIVERSITY OF SANTO TOMAS  
Office of the Vice-Rector for Religious Affairs  
Center for Campus Ministry

# Season of LENT

"Repent and Believe in the Good News." Mark 1:15



**A Call to Prayer, Silence, Fasting, Conversion, Mercy, and Compassion**

## WHAT IS LENT?

Lent is a 40-day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter.

Lent is in essence the Church's springtime. We are encouraged to look at this period of Lent as a journey of inner reflection, and at the end, we should expect to find ourselves at a different place spiritually than when we started.

## THREE PILLARS OF LENT



PRAY



FAST & ABSTAIN



GIVE ALMS

## UNIVERSITY-WIDE LENTEN ACTIVITIES

### Ash Wednesday Mass

February 14, 2024, at 5:00 p.m., Plaza Mayor

### Kumpisalang Bayan

February 14, 2024, at 3:30 p.m., Benavides Park

Diocesan Priests will be available for Confession  
at the UST-Santisimo Rosario Parish Church on the three Fridays of Lent  
before the St. Thomas Aquinas Double Jubilee Retreat  
(February 16, February 23, and March 01, 2024, from 5:30 p.m. to 6:30 p.m.)

### Way of the Cross (Via Crucis)

March 22, 2024, at 4:00 p.m., Benavides Park

## ST. THOMAS AQUINAS DOUBLE JUBILEE RETREAT

March 5-7, 2024, Quadricentennial Pavilion





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Reference:

**Ash Wednesday**  
February 14, 2024

**SCHEDULE OF MASSES**

- 6:15 am
- 7:30 am
- 9:00 am
- 10:30 am
- 12:00 nn
- 1:30 pm
- 3:00 pm
- 5:15 pm

SANTÍSIMO ROSARIO PARISH - UST  
Cefeirino Gonzales Drive, University of Sto. Tomas,  
España Blvd., Sampaloc, Manila

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**Stations of the Cross**

Every Friday of Lent  
**4:30 pm**  
Benavides Garden

SANTÍSIMO ROSARIO PARISH - UST  
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España Blvd., Sampaloc, Manila

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