

SOCIOLOGY FIELD SCHOOL 2022

BRGY. SAN JUAN, LAUR NUEVA ECIJA

APRIL 17 - 23, 2023



UNIVERSITY OF SANTO TOMAS

FACULTY OF ARTS AND LETTERS
DEPARTMENT OF SOCIOLOGY



ABOUT SOCIOLOGY FIELD SCHOOL

AGAINST THE BACKDROP OF THE COVID-19 PANDEMIC, WITH THE CAUTIOUS RE-OPENING OF PHYSICAL SPACES IN EDUCATIONAL INSTITUTIONS SUCH AS THE UNIVERSITY OF SANTO TOMAS, THE BA SOCIOLOGY PROGRAM IS COMMITTED TO IMPLEMENTING A LIMITED FACE-TO-FACE ENGAGEMENTS (LF2F-E) IN THE FORM OF A CONFERENCE CUM FIELD SCHOOL (CFS) APPROACH COVERING SELECTED PROFESSIONAL SOCIOLOGY COURSES.

The Department of Sociology of the Faculty of Arts and Letters continues to evolve a quality Sociology education with an updated curriculum attuned to the post-K to 12 demands of producing graduates with Thomasian Graduate Attributes (ThoGA) of being lifelong learners; creative and critical thinkers; effective communicators and collaborators; and being servant-leaders. At the core of our Bachelor of Arts (BA) in Sociology program is its rich and immersed engagement between its students and real-world practices on research, internship, service-learning, and project and community development.

The practice of the field relies heavily on human engagements among individuals and communities with social issues and societal matters. Correspondingly, real-life encounters with social issues through actual conduct of research on the various fields are necessary, if not a must.

CONFERENCE CUM FIELD SCHOOL

The Conference cum Field School involves three parts: (a) pre-field school (pre-FS) conference; (b) actual field school (FS); and (c) post-field school (post-FS). The pre-FS conference intends to cover basic sociological skills requiring human engagement in the context of social research, service-learning, internship, and community interactions. The FS encompasses the actual engagements among students, faculty, and communities with target competencies to achieve as identified during the pre-field school conference. The post-FS conference concludes the LF2F-E with workshop sessions on hands-on data analyses, report writing, reflective exercises, and presentations.

CFS is designed to be a structured and supervised inquiry process, which gives students the opportunity to conceptualize, explore, and understand sociocultural and political issues involving a specific community. Here, students will be exposed to real-life situations and challenges to fulfill the needs to substantiate various research and course works. CFS ensures the students' welfare and well-being by providing a well-supervised learning environment as a byproduct of proper planning of informed implementing strategies.

Additionally, the CFS approach best represents the core elements of our seamless, practical, engaging Sociology curriculum, which emphasizes thinking and doing Sociology through social research and service-learning strategies implemented in three forms of internship programs namely, teaching, research, and project assistantships initiatives.

Correspondingly, our proposed CFS approach recognizes the significant pedagogical need to respond to the very nature of our Sociological discipline as a field of specialization that requires person-to-person engagements. With the LF2F-E, our Department would be able to fulfill, even in a limited engagement, the possibility of learning Sociology in actual social world settings, which is the core academic realm of our discipline.

CURRICULUM

The study of sociology allows its students to view the lives of individuals through multiple sectors and institutions. In the conduct of a limited face-to-face engagement through a field school, the BA Sociology program envisions an engagement between its students and the different institutions of the community, including the school, the church, the health facilities/center, the local government unit, and the family. This strategy enshrines the sociological approach of seeing the intersection between the personal lives of an individual and the different aspects of their social lives that affect them, which is at the core of the BA Sociology program at UST. Below are the Program Intended Learning Outcomes of the BA Sociology program and its appropriateness to the approach of a field school.



A group of students with backpacks walking through a grassy field with trees in the background.

TASKS

SCL32214 - Sociology of Religion

RelihiSOSYO: Pagpapakatao Likas na Pagpapayaman ng Komunidad: Field School at San Juan Laur, Nueva Ecija

RelihiSOSYO is a service-learning activity anchored on the course objectives of Sociology of Religion. Specifically directed to Catholicism and related pastoral issues, said activity aims to do catechesis and teach catechism in line with Pope Francis' Laudato Si (2010). Utilizing various sociological theories and methodologies in service learning to the community of San Juan, Laur, Nueva Ecija, this activity intends to adopt an interfaith dialogue as means of connecting with its constituents (students). In so doing, this activity contributes to the development of various faith-formation and preaching programs in religion.

SCL32218 - Seminar Course 3 - Social Health

OPERATION ALIS STRESS: Isang Mental Health Awareness at Basic Stress Management Seminar para sa Brgy. San Jaun, Laur

Operational Alis Stress is a service-learning activity anchored on the course objectives of Social Health. With the aim to offer some support-seeking strategies in the promotion of health and well-being under Sustainable Development Goal (SDG 3), this activity proposes a one-day seminar on mental health awareness and anti-stress reliever activities. From this, the activity intends to assess the current state of being of the community members of San Juan, Laur, Nueva Ecija and to provide possible interventions as an action point to the seminar. In so doing, this activity contributes to the development of some specific health interventions aimed at the promotion of wellness development in the community.

A group of students with backpacks walking through a lush green field with trees in the background.

TASKS

SCL32225 - Project Development Course 2

MakiSosyo Tayo: Project Finalization, Monitoring, and Evaluation in Brgy. San Juan Laur, Nueva Ecija

MakisSOSYO Tayo is a service-learning program anchored on the course objectives of Project Development I and II. With the goal to collaborate with various sectors (youth, women/farmers, barangay officials, and Samahang Kamanlalakbay leaders) in community building, community-problem solving, and community decision-making, this program is divided into four interactive activities whereas the concept of “pakikipamumuhay” in the community is applied for an in-depth understanding and solidarity as well as monitoring and evaluation of possible interventions for the community. From this, the program aims to aid the community’s sectors in producing long-term programs and activities aimed at empowering the community toward a good state of living, liberty, and just citizenship.

A group of students with backpacks walking through a grassy field with trees in the background.

TASKS

SCL32224 / ELE3B - Internship and Service-Learning 2 (ISLA 2) and Applied and Creative Social Research Methods (ACSRM)

KomuniSosyo: Community and Social Network Profiling of Brgy. San Juan, Laur, Nueva Ecija

KomuniSOSYO is a service-learning program dually anchored on the objectives of Internship and Service-Learning Application (ISLA 2) and Creative Social Research Methods (CSRM). With the aim to provide context to the needs, demographics, and situations of the residents of San Juan, Laur, Nueva Ecija, this activity will be conducted in two ways. One is the concentration on the production of a community profile that will serve as reference material for different barangay stakeholders in conducting development programs, projects, and activities. Second is the utilization and application of creative research methodologies focusing on collecting data on the community's friendship networks (e.g., inquiries about the network of the community's contacts, the quality of said connections, and the extent of these contacts to one another) with the intention to produce outputs to aid the community.

A group of students are camping in tents in a wooded area. One student is sitting and playing an acoustic guitar, while others are sitting or lying down nearby. The scene is dimly lit, suggesting dusk or dawn.

ACTIVITIES AND SCHEDULE

The BA Sociology program's field school will be integrated into the entire course that will offer it. The field school will be considered as part of the course preparation, plan, and calendar. The preparations for the field school will begin at the start of the Term with discussions of theories, concepts, and principles, done through an enriched virtual mode.

The BA Sociology Program's Field School will require a pre-conference or a pre-field school engagement that will focus on workshops developing tools and highlighting strategies that will be used in the actual fieldwork. This will be scattered throughout the term leading to the field school.

It will then be followed by a seven-day live-in field school in a Simbahayan/RCSSED-endorsed community. The students will be accompanied by at least three faculty members, following the set faculty: student ratio for off-campus activities. There will be a projected total of 67 participating students.

A post-field school conference will be conducted through facilitative write shops, collaborative data analysis, and research writing. The post-conference will include evaluation and assessment, and presentations to experts and members of the community, which will stretch for a number of days in-campus.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
	<p>17 Orientation 4SCL and 3SCL</p> <ul style="list-style-type: none"> • Arrival of Students/ Admin/Faculty/ Staff • General Orientation and Assignment to Foster Families • Orientation from Barangay and Police • Orientation from Samahang Kamanlalakbay • Pakikipamuhay <p>4SCL</p> <ul style="list-style-type: none"> • Meeting with Samahang Kamanlalakbay for ISLA 2 and ACSRM • Meeting with Samahang Kamanlalakbay for PDC <p>3SCL</p> <ul style="list-style-type: none"> • Service Learning and Catechism at San Juan Elementary School 	<p>18 Phase 1 4SCL and 3SCL</p> <ul style="list-style-type: none"> • Pakikipamuhay <p>4SCL</p> <ul style="list-style-type: none"> • Gathering of Participants • 1st Part of PDC Activity • 2nd Part of PDC Activity • Community and Social Network Profiling <p>3SCL</p> <ul style="list-style-type: none"> • Service Learning and Catechism at San Juan Elementary School 	<p>19 Phase 2 4SCL and 3SCL</p> <ul style="list-style-type: none"> • Pakikipamuhay <p>4SCL</p> <ul style="list-style-type: none"> • Gathering of Participants1st Part of PDC Activity • 2nd Part of PDC Activity • Community and Social Network Profiling <p>3SCL</p> <ul style="list-style-type: none"> • Service Learning • Community Profiling • Group Meeting

THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>20 Phase 3</p> <p>4SCL and 3SCL</p> <ul style="list-style-type: none"> • Pakikipamu hay <p>4SCL</p> <ul style="list-style-type: none"> • Gathering of Participants • 1st Part of PDC Activity • 2nd Part of PDC Activity • Community and Social Network Profiling <p>3SCL</p> <ul style="list-style-type: none"> • Service Learning • Community Profiling • Group Meeting 	<p>21 Phase 4</p> <p>4SCL and 3SCL</p> <ul style="list-style-type: none"> • Pakikipamu hay <p>4SCL</p> <ul style="list-style-type: none"> • Gathering of Participants • 1st Part of PDC Activity • 2nd Part of PDC Activity • Community and Social Network Profiling <p>3SCL</p> <ul style="list-style-type: none"> • Seminar of Mental Health Awareness • Service Learning • Community Profiling • Group Meeting 	<p>22 Culminating</p> <p>4SCL and 3SCL</p> <ul style="list-style-type: none"> • Pakikipamu hay • Preparations for Other Field School Activities • Pista ng Palarong Pinoy • Socialization • Daily Debriefing 	<p>23 Culminating</p> <p>4SCL and 3SCL</p> <ul style="list-style-type: none"> • Pakikipam uha • Departure of Students/ Admin/ Faculty/ Staff <p>3SCL</p> <ul style="list-style-type: none"> • Holy Mass

Orientation: Pagdating at Pag-aayos ng Iskedyul ng mga Aktibidades		Timeframe: April 17, 202312:00 NN - 7:00 PM	Venue: Covered Court, Brgy. San Juan Laur, Nueva Ecija Meeting Link (if applicable): N/A
Time	Activities / Components	Description/Details	Specific Person/Group Responsible
5:30 AM - 6:00 AM	Call time	Participants from UST are expected to gather early.	Students/ Admin/Faculty/Staff
6:00 AM - 12:00 NN	Travel time	Estimated range of travel time from UST to Nueva Ecija.	Students/ Admin/Faculty/Staff
12:00 NN - 1:00 PM	Arrival of Students/Admin/Faculty/Staffs	Expected arrival at the community.	Students/ Admin/Faculty/Staff
1:00 PM - 2:00 PM	General Orientation and Assignment to Foster Families	Students will be assigned to foster families that they will live with for the rest of the week.	Students/ Admin/Faculty/Staff/ Partner Community
2:00 PM - 3:00 PM	Orientation from Barangay and Police	Reminders for safety and smooth flow of Activities within the location.	Students/ Admin/Faculty/Staff/ Authorities in Barangay
2:00 PM - 4:30 PM	Catechism at San Juan Elementary School	Simultaneous, room-to-room Catechism	3SCL and students from San Juan
4:30 PM - 5:00 PM	Meeting with Samahang Kamanlalakbay for ISLA 2 and ACSRM	Discussion of schedule and flow of Community and Social Network Profiling.	Students/ Admin/Faculty/Staff/ Officers of Samahang Kamanlalakbay
5:00 PM - 6:00 PM	Meeting with Samahang Kamanlalakbay for PDC	Discussion of schedule and flow of Interviews/FGDs.	Students/ Admin/Faculty/Staff/ Officers of Samahang Kamanlalakbay
6:00 PM - 7:00 PM	Pakikipamuhay	Unang araw ng Pakikipamuhay sa komunidad.	Students/ Admin/Faculty/Staff/ Partner Community
7:00 PM	Curfew	Going outside/other places is strictly prohibited.	Students

Phase 1: Pagkilala at Panimulang Pamamahala ng Proyekto ng Pangkaunlaran		Timeframe: April 18, 20226:00 AM - 7:00 PM	Venue: Covered Court, Brgy. San Juan Laur, Nueva Ecija Meeting Link (if applicable): N/A
Time	Activities / Components	Description/Details	Specific Person/Group Responsible
6:00 AM - 7:00 AM	Wake up Call	Participants are expected to wake up and do morning rituals.	Students/ Admin/Faculty/Staff/ Partner Community
7:00 AM - 9:00 AM	Pakikipamuhay	Students will be active in helping the community in their daily routine/activities.	4SCL and Community Partner Participants
9:00 AM - 4:30 PM	Catechism	By class schedule, room-to-room Catechism	3SCL and students from San Juan
9:00 AM - 9:15 AM	Gathering of Participants	Student and community partner participants are expected in the venue.	4SCL and Community Partner Participants
9:15 AM - 9:20 AM	Opening Prayer	Live prayer to start the session.	4SCL Representative
9:20 AM - 10:30 AM	1st Part of Activity	Discussion about Finalization of Project Proposal	4SCL students (4 groups)
10:30 AM - 11:30 AM	2nd Part of Activity	Interview and Focus Group Discussions.	4SCL and Community Partner Participants
11:30 AM - 11:45 AM	Closing Session	Summary of accomplishments and plans for the next day.	4SCL Representative
11:45 AM - 11:50 AM	Closing Prayer	Live prayer to end the session.	Community Partner Representative
11:50 AM - 12:00 NN	End of PDC 2 session	Cleaning of venue and leaving of participants.	4SCL and Community Partner Participants
12:00 NN - 1:00 PM	Lunch Break	Participants' time to eat and rest.	Students/ Admin/Faculty/Staff/ Partner Community
1:00 PM - 7:00 PM	Community and Social Network Profiling	Students will proceed to their designated household/purok and gather data for the community and social network profiling tool they have designed.	4SCL and Community Partner Participants
7:00 PM	Curfew	Going outside/other places is strictly prohibited.	Students

Phase 2: Sama-Samang Pagpapaunlad at Pamamahala ng Proyektong Pangkaunlaran		Timeframe: April 19, 20236:00 AM - 7:00 PM	Venue: Covered Court, Brgy. San Juan Laur, Nueva Ecija Meeting Link (if applicable): N/A
Time	Activities / Components	Description/Details	Specific Person/Group Responsible
6:00 AM - 7 00 AM	Wake up Call	Participants are expected to wake up and do morning rituals.	Students/ Admin/Faculty/Staff/ Partner Community
7:00 AM - 9:00 AM	Pakikipamuhay	Students will be active in helping the community in their daily routine/activities.	4SCL and Community Partner Participants
9:00 AM - 9:15 AM	Gathering of Participants	Student and community partner participants are expected in the venue.	4SCL and Community Partner Participants
9:15 AM - 9:20 AM	Opening Prayer	Live prayer to start the session.	4SCL Representative
9:20 AM - 10:30 AM	1st Part of Activity	Discussion about Project Monitoring.	4SCL students (4 groups)
10:30 AM - 11:30 AM	2nd Part of Activity	Interview and Focus Group Discussions.	4SCL and Community Partner Participants
11:30 AM - 11:45 AM	Closing Session	Summary of accomplishments and plans for the next day.	4SCL Representative
11:45 AM - 11:50 AM	Closing Prayer	Live prayer to end the session.	Community Partner Representative
11:50 AM - 12:00 NN	End of PDC 2 session	Cleaning of venue and leaving of participants.	4SCL and Community Partner Participants
12:00 NN - 1:00 PM	Lunch Break	Participants' time to eat and rest.	Students/ Admin/Faculty/Staff/ Partner Community
1:00 PM - 7:00 PM	Community and Social Network Profiling	Students will proceed to their designated household/purok and gather data for the community and social network profiling tool they have designed.	4SCL and Community Partner Participants
7:00 PM	Curfew	Going outside/other places is strictly prohibited.	Students

Phase 3: Pagbuo ng Panukalang Proyekto ng Pangkalahatang Pangkalahatang		Timeframe: April 20, 20236:00 AM - 7:00 PM	Venue: Covered Court, Brgy. San Juan Laur, Nueva Ecija Meeting Link (if applicable): N/A
Time	Activities / Components	Description/Details	Specific Person/Group Responsible
6:00 AM - 7:00 AM	Wake up Call	Participants are expected to wake up and do morning rituals.	Students/ Admin/Faculty/Staff/ Partner Community
7:00 AM - 9:00 AM	Pakikipamuhay	Students will be active in helping the community in their daily routine/activities.	4SCL and Community Partner Participants
9:00 AM - 9:15 AM	Gathering of Participants	Student and community partner participants are expected in the venue.	4SCL and Community Partner Participants
9:15 AM - 9:20 AM	Opening Prayer	Live prayer to start the session.	4SCL Representative
9:20 AM - 10:30 AM	1st Part of Activity	Discussion about Project Evaluation.	4SCL students (4 groups)
10:30 AM - 11:30 AM	2nd Part of Activity	Interview and Focus Group Discussions.	4SCL and Community Partner Participants
11:30 AM - 11:45 AM	Closing Session	Summary of accomplishments and plans for the next day.	4SCL Representative
11:45 AM - 11:50 AM	Closing Prayer	Live prayer to end the session.	Community Partner Representative
11:50 AM - 12:00 NN	End of PDC 2 session	Cleaning of venue and leaving of participants.	4SCL and Community Partner Participants
12:00 NN - 1:00 PM	Lunch Break	Participants' time to eat and rest.	Students/ Admin/Faculty/Staff/ Partner Community
1:00 PM - 7:00 PM	Community and Social Network Profiling	Students will proceed to their designated household/purok and gather data for the community and social network profiling tool they have designed.	4SCL and Community Partner Participants
7:00 PM	Curfew	Going outside/other places is strictly prohibited.	Students

Phase 4: Paglalatag ng Panukalang Proyektong Pangkaunlaran		Timeframe: April 21, 20226:00 AM - 7:00 PM	Venue: Covered Court, Brgy. San Juan Laur, Nueva Ecija Meeting Link (if applicable): N/A
Time	Activities / Components	Description/Details	Specific Person/Group Responsible
6:00 AM - 7:00 AM	Wake up Call	Participants are expected to wake up and do morning rituals.	Students/ Admin/Faculty/Staff/ Partner Community
7:00 AM - 9:00 AM	Pakikipamuhay	Students will be active in helping the community in their daily routine/activities.	4SCL and Community Partner Participants
9:00 AM - 9:15 AM	Gathering of Participants	Student and community partner participants are expected in the venue.	4SCL and Community Partner Participants
9:15 AM - 9:20 AM	Opening Prayer	Live prayer to start the session.	4SCL Representative
9:20 AM - 10:30 AM	1st Part of Activity	Discussion about actual Project Implementation Plan/Process.	4SCL students (4 groups)
10:30 AM - 11:30 AM	2nd Part of Activity	Interview and Focus Group Discussions.	4SCL and Community Partner Participants
11:30 AM - 11:45 AM	Closing Session	Summary of accomplishments and plans for the next day.	4SCL Representative
11:45 AM - 11:50 AM	Closing Prayer	Live prayer to end the session.	Community Partner Representative
11:50 AM - 12:00 NN	End of PDC 2 session	Cleaning of venue and leaving of participants.	4SCL and Community Partner Participants
12:00 NN - 1:00 PM	Lunch Break	Participants' time to eat and rest.	Students/ Admin/Faculty/Staff/ Partner Community
1:00 PM - 4:00 PM	Seminar	Good Parenting Seminar with Mothers	3SCL and mothers of students from San Juan Elementary School
1:00 PM - 7:00 PM	Community and Social Network Profiling	Students will proceed to their designated household/purok and gather data for the community and social network profiling tool they have designed.	4SCL and Community Partner Participants
7:00 PM	Curfew	Going outside/other places is strictly prohibited.	Students

Culminating: Paglalaro at Pagtitipon bilang isang Komunidad		Timeframe: April 22, 20236:00 AM - 7:00 PM	Venue: Covered Court, Brgy. San Juan Laur, Nueva Ecija Meeting Link (if applicable): N/A
Time	Activities / Components	Description/Details	Specific Person/Group Responsible
6:00 AM - 7:00 AM	Wake up Call/ Pakikipamuhay	Participants are expected to wake up and do morning rituals.	Students/ Admin/Faculty/Staff/ Partner Community
7:00 AM - 8:00 AM	Preparations for Other Field School Activities	Preparations for Pista ng Palarong Pinoy	Students/Admin/ Faculty/Staffs
9:00 AM - 12:00 NN	Pista ng Palarong Pinoy	4SCL students as main organizers and facilitators of the session.	Students/ Admin/Faculty/Staff/ Partner Community
12:00 NN - 6:00 PM	Socialization	All participants are invited to join the gathering and celebration.	Students/ Admin/Faculty/Staff/ Partner Community
6:00 PM - 7:00 PM	Daily Debriefing	Meeting and discussion of other important matters.	Students/ Admin/Faculty/Staff/ Partner Community
7:00 PM	Curfew	Going outside/other places is strictly prohibited.	Students

Culminating: Huling Pagtitipon at Pamamaalam sa Komunidad		Timeframe: April 23, 20236:00 AM - 7:00 PM	Venue: Covered Court, Brgy. San Juan Laur, Nueva Ecija Meeting Link (if applicable): N/A
Time	Activities / Components	Description/Details	Specific Person/Group Responsible
6:00 AM - 7:00 AM	Wake up Call/ Pakikipamuhay	Participants are expected to wake up and do morning rituals.	Students/ Admin/Faculty/Staff/ Partner Community
7:00 AM - 8:00 AM	Holy Mass	Eucharistic Celebration with the community.	Students/ Admin/Faculty/Staff/ Partner Community
8:00 AM - 12:00 NN	Pakikipamuhay	Last gathering of all the participants	Students/ Admin/Faculty/Staff/ Partner Community
12:00 NN	Estimated time of Departure	Going back to UST Manila.	Students/Admin/Faculty /Staff
12:00 NN - 6:00 PM	Travel Time	Estimated range of travel time from Nueva Ecija to UST.	Students/Admin/Faculty /Staff
6:00 PM	Estimated time of Arrival	UST Manila	Students/Admin/Faculty /Staff



SAN JUAN, LAUR



Brgy. San Juan can be found in the Municipality of Laur categorized as 3rd class municipality in the province of Nueva Ecija. With a population of around 2,435 based on the PSA 2020 census, Brgy. San Juan thrives through the farming of various root crops, other vegetables, and rice. The community of Brgy. San Juan is located along the national road going to Dingalan, Aurora.



Brgy. San Juan in Laur has been a partner community of UST for more than ten years now with continuous exchange and collaborative efforts to provide development projects in the area. Brgy. San Juan is the adopted community of the UST – Alfredo M. Velayo College of Accountancy.





GENERAL GUIDELINES

What to Bring:

- Identification Cards - Bring your UST ID. You are encouraged to wear it at all times when conducting activities in the community. Bring other identification cards as well.
- Food - Everyone will be fostered by members of the community. Thus, everyone will eat what the foster family prepares. YOU WILL CONTRIBUTE to the food that is being prepared.
 - You may bring cash and contribute to the family's budget for the week. They may buy food from the market in the community and prepare food for the whole family every day
 - You can already estimate the amount of money you will bring for food. You can peg it at Php 150 per person per day. You will be there for seven days, which will total to Php 1050 for the week. If there are two of you in one house, that will be Php 2100, or if there are three of you in one house, then that will be Php 3150 budget for all your food for the entire week. Again. This is an option that you may discuss and decide with your buddies and your foster parents. Bringing money to buy food in the community will also help the economy of the community.
 - Bring canned goods if you like.
 - Avoid bringing food that needs to be refrigerated. You do not know if your foster family has a refrigerator.
 - You may bring cash and buy food every meal time. Remember that all are for sharing with the foster family. You eat what they eat, they eat what you eat.
 - Bring your own tumbler. There will be a lot of movements and it is advisable to use refillable tumblers instead of buying bottled water every time.

What to Bring:

- Medicine
 - We will bring a first aid kit. But bring the basic, over-the-counter medicine, which you think may come in handy.
 - Bring your PERSONAL medicine.
 - Bring your PRESCRIBED medicine, especially if these are for regular intake.
 - Bring medicine that you commonly use (for asthma, allergies, etc.)
 - Bring enough facial masks. Make sure it will last for more than a week.
- Clothes
 - Bring DECENT items of clothing.
 - Bring comfortable clothes. Remember: we will be moving around the community almost every day.
 - If possible, bring your UST shirts. All of your UST shirts.
 - Jacket
 - We will be there for seven days: we will have (1) socialization, (2) meeting with community officials, (3) Eucharistic Celebration, (4) engagement with students at the elementary school. BRING APPROPRIATE ATTIREs for these occasions.
 - Bring a comfortable footwear. Again, we will be moving around the community a lot. Bring something that can also be wet if ever it rains.
 - Malong/Sarong just in case it gets cold at night.
- Toiletries and Personal Hygiene
 - Toiletries (shampoo, soap, toothpaste, among others)
 - Avoid bringing toiletries packed in single use sachets to avoid waste in the community.
 - Insect repellent lotion. Use it discreetly.
- Documentation
 - Always bring a notebook and a pen. Taking down notes and journaling is an integral part of participant observation and data collection. Always take time to sit down at the end of each day to write down reflections for the day. This will help as you analyze data later on.
 - If you are assigned for either photo or video documentation, be sure to bring the appropriate gadget

What to Bring:

- Money
 - Each group in a household may give money as a contribution to the electricity, water, and other utilities that you will be using for the entire week. It is highly advised that each student would contribute at least Php 100 for this purpose.
 - Each student will also contribute Php 300 for the general assembly/socialization with the entire community. This will also be the source of funds to produce a simple token for the Community Organization, the Barangay, and police, among others, who will make sure our activities in the community will run smoothly.

Breakdown of expenses per student:

Food for one week	-	Php 1,050
Contribution to utilities	-	Php 100
Contribution - assembly/socialization	-	Php 300
Contribution - token for the foster family	-	Php 300
Toll Fee	-	Php 163
Contingency	-	Php 87
TOTAL		- Php 2,000 per student

What TO DO:

- This is an official curricular school activity. All that is in the UST Student Handbook as regards students discipline and decorum is applicable while we are in the community. Thus, FOLLOW UNIVERSITY RULES.
- As Thomasians, everyone is expected to show proper decorum. Proper behavior is expected at all times and in all places.
- ALWAYS STICK WITH YOUR BUDDY.
- ALWAYS BE ON TIME.
- Always let your foster parents know your schedule for the day and where you will be, especially if they cannot accompany you.
- Talk courteously with everyone.

What NOT TO DO:

- Do not roam around the community on your own.
- You are not allowed to drink alcoholic beverages. Social drinking is also discouraged. Invitations to take liquors can always be turned down politely. Invoke the rules and regulations of this community engagement course to decline any offer from people in the community or with your foster families. Remember, we come to learn and to serve, NOT for REVELRY.
- Smoking is strictly prohibited. Vape is also not allowed.
- Female students are expected to wear decent and appropriate attire at all times. Miniskirts, micro-mini, top crop, hanging blouses, spaghetti straps, see-through blouses, and other revealing attire are STRICTLY not allowed. Male students are expected to dress appropriately, too.
- Foul words/utterances among peers, foster families, students, and other members of the community are not acceptable.
- Never engage in any gambling activities among yourselves or with members of the community. Avoid any heated discussions or debates of any form and topics with members in the community. Remember, we show solidarity, peace, and harmony with everyone.
- Soliciting money or any form of contribution from learning partners/elementary students is strictly prohibited. Engagements in the community are given in the spirit of community service and service learning. Remember, "we learn to serve and we serve to learn".
- Always remember; When in Doubt, Ask.

Emergency Protocols

In cases of emergency, you may contact Asst. Prof. Louie Benedict R. Ignacio, PhD, Chair of the Department of Sociology through lignacio@ust.edu.ph or through 09176045031.

Do not hesitate to approach any faculty members accompanying the group during our community exposure.



POINT PERSONS

Dean
Asst. Dean
Faculty Secretary

Jacqueline o Lopez Kaw, DCL
Melanie Turingan, PhD
Ma. Zenia Rodriguez, MEM

Office for Student Affairs

UST Simbahayan

Maria Cecilia Tio Cuison, MEd
Maria Regina P. Arriero, MEng
Froilan Alipao, MCD
Evalyn Abiog, PhD
Christian Joseph Revil
Ederliza Magpantay, MES

Community Organizer
AB Community
Development

Person-in-Charge
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