



UNIVERSITY OF SANTO TOMAS  
OFFICE OF THE SECRETARY-GENERAL

UST:SO06-00-CI79  
A.Y. 2022-2023

TO : THE THOMASIAN COMMUNITY  
FROM : OFFICE OF THE SECRETARY-GENERAL  
RE : PARENTING WEBINAR ON MENTAL HEALTH  
DATE : 12 APRIL 2023

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The University, through the Social Health Studies Research Interest Group of the UST Research Center for Social Sciences and Education (RCSSSED), will host a **Parenting Webinar on Mental Health** on **25 April 2023, from 8:00 am to 12:00 nn**. It will be streamed live on the University's Facebook Page and YouTube channel and is open to parents from both the Thomasian community and the general public.

This webinar is part of a two-year project funded by the Department of Science and Technology - Philippine Council for Health Research and Development. The second year is focused on disseminating the study's findings and launching advocacy activities aimed at educating people regarding mental health illnesses, among others.

The webinar, which aims to answer the overarching question: *"How can parents and guardians benefit from an understanding of mental health?"* is part of the mechanisms in disseminating the findings of the National Youth Mental Health Mapping Study being undertaken by RCSSSED.

May our Thomasian families benefit from the webinar and be further enlightened toward a better understanding of mental health.

Thank you.

FR. LOUIE R. CORONEL, OP  
Secretary-General

