



UNIVERSITY OF SANTO TOMAS
OFFICE OF THE SECRETARY-GENERAL

UST:SO06-00-ME28
A.Y. 2021-2022

TO : THE THOMASIAN COMMUNITY

FROM : OFFICE OF THE SECRETARY-GENERAL

RE : AMBAG 500 PRAYER

DATE : 14 MARCH 2022

In preparation for the three-day University-wide Retreat on April 27-29, 2022 as earlier announced through OSG Memo No. 27 dated 7 March 2022, the University, through the Office of the Vice-Rector for Religious Affairs, disseminates the attached copy of the **AMBAG 500 Prayer**.

The Thomasian community is enjoined to pray the AMBAG 500 Prayer after the Angelus in the morning, noon, and evening, beginning 15 March 2022 (Tuesday) until 26 April 2022 (Tuesday).

For easy reference, the prayer will also be published in the University Facebook page ([UST1611official](https://www.facebook.com/UST1611official)).

Thank you.


FR. LOUIE R. CORONEL, O.P., EHL
Secretary-General

AMBAG 500 Prayer
Eukaristiya: Biniyayaan Upang Maging Biyaya

Lord Jesus Christ,
we come to you
as **one Thomasian Community**
in this **AMBAG 500 Retreat**
which comes at the culmination of our celebration
of the **Quincentennial** of the Arrival of the
Christian Faith in our beloved country
and the **diamond jubilee** of our declaration
as the Catholic University of the Philippines.

May these days of prayer
renew us in **mission**
as administrators, faculty members,
staff, students and alumni of the University.
By your gift of the *Tria Haec*, strengthen us in **faith**,
sustain us in **hope** and stir our hearts to **love**.

Under the mantle of **Mary** our Mother,
and inspired by the example and intercession
of **Saint Dominic de Guzman**,
Saint Thomas Aquinas,
and the **Thomasian martyrs**,
may our University
continue to be a living **witness** to the **Gospel**,
a courageous **herald** of the **Truth**,
and a faithful **servant** of the **Church**
in the Philippines, in Asia, and beyond.

As we reflect on the theme of this AMBAG,
Eukaristiya: Biniyayaan Upang Maging Biyaya
we cherish your precious gift of the **Eucharist**
as the everlasting memorial
of Your suffering, death and rising to new life.
The humble bread and wine
taken and blessed, broken and shared,
become Your true Body and Blood,
nailed on the cross and poured out for our salvation
reminding us of what we are called to be.

Like the bread and wine
You have **taken** us to be your beloved disciples
and **blessed** us in so many ways.
May we also allow ourselves to be **broken**
and **shared** by You to those in need.

By the power of the Holy Spirit
touch and transform us
to be Your presence in the world.
Gifted beyond measure from Your infinite generosity,
may we also **give** of ourselves unselfishly
in the service of our brothers and sisters
until, in union with You,
we ourselves become **gift**,
an *ambag*,
by Your unending grace,
to the glory of God the Father.
Amen.